



Missouri Department of Health and Senior Services

P.O. Box 570, Jefferson City, MO 65102-0570 Phone: 573-751-6400 FAX: 573-751-6010
RELAY MISSOURI for Hearing and Speech Impaired 1-800-735-2966 VOICE 1-800-735-2466

Gail Vasterling
Acting Director



Jeremiah W. (Jay) Nixon
Governor

Dear Fellow Missourians:

I am pleased to announce the return of the *Missouri Senior Report*, now available online. Since the last publication of this report in 2009, the senior population in Missouri has continued to grow. There are now more Missourians age 65 and older than at any other time in our state's history. And that growth is not slowing down. By the year 2030, seniors are expected to make up nearly a quarter of Missouri's population.

This unparalleled growth affects many aspects of our society. It challenges policymakers, health care providers, families and businesses to meet the needs of aging individuals and baby boomers who are approaching their senior years. It is our hope that the *2013 Missouri Senior Report* will serve as a valuable tool for families and policymakers as they search for ways to address the needs of our aging population.

The report includes profile information on economic well-being, health care status, household and community engagement, and access to medical treatment. It also includes quality of life information, wellness evaluations and county rankings data.

The *2013 Missouri Senior Report* is unique in that so much of the relevant information regarding older adults is now available in one organized, easily accessible place. The department would like to thank the University of Missouri Office of Social and Economic Data Analysis for their dedication to this important project.

Sincerely,

A handwritten signature in black ink that reads "Gail Vasterling". The signature is written in a cursive, flowing style.

Gail Vasterling
Acting Director

www.health.mo.gov

Healthy Missourians for life.

The Missouri Department of Health and Senior Services will be the leader in promoting, protecting and partnering for health.

AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER: Services provided on a nondiscriminatory basis.